

SPORTS PHOTOGRAPHY

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Sports Photography

Weather Conditions:

Important to be aware of the weather conditions and adjust accordingly. Often it is easier to shoot when it is cloudier rather than sunnier since there are fewer shadows.

Shutter Speed:

It is important to have a really fast shutter speed for rapid action sports.
Ex: 1/500 or even 1/1000 of a second

Lens/Zoom:

It is often necessary to use a bigger lens to get as close to the action as possible.

Knowing the sport:

It is important to know and somewhat understand the sport. This makes it easier to predict where the action will occur and follow it.



F-stop/Aperture:

Since the shutter speed is so fast it's important to have a small aperture in order to let in as much light as possible.
Ex: f/5.6 or smaller

ISO:

Always use the lowest ISO possible to prevent unnecessary grain however it depends on the lighting conditions.
Ex: Higher number ISO makes it brighter

Continuous Shooting Mode:

On many DSLR cameras there is a setting for action and sports as well as a control to shoot multiple pictures at once. This makes it easier to quickly capture the action without missing anything.

Tripod:

Tripods prevent camera movement that create grain or bluriness.











